

HYSTERECTOMY FOR MENORRHAGIA

CRITERIA BASED ACCESS

Referral Criteria

The CCG will fund referral to secondary care for hysterectomy for menorrhagia (heavy menstrual bleeding) which fulfil the following criteria: (in these instances prior approval is not required)

- There has been an unsuccessful trial with a levonorgestrel intrauterine system (e.g. Mirena®) and it has failed to relieve symptoms, unless it is medically inappropriate, or contraindicated.

AND

- At least two of the following treatments have failed, are not appropriate or are contra-indicated in line with the National Institute for Health and Clinical Experience (NICE) guidelines (CG44):
 - Non-steroidal anti-inflammatory agents.
 - Tranexamic acid.
 - Other hormone methods (injected progesterones, combined oral contraceptives, GnRH analogue).

AND

- Surgical treatments such as endometrial ablation, uterine artery embolisation or myomectomy have failed to relieve symptoms, are not appropriate, or are contra-indicated.

All steps to be documented in notes prior to progressing to hysterectomy to be made available for regular auditing.

Smoking cessation is recommended for all patients considering the possibility of surgery. For help to quit smoking please contact your local Stop Smoking Service or contact your GP Surgery.

A Patient Decision Aid is available for heavy menstrual bleeding

<http://sdm.rightcare.nhs.uk/pda/>