

## BODY CONTOURING PROCEDURES

### EXCEPTIONAL FUNDING REQUIRED

**Body contouring procedures are considered to be cosmetic and will not normally be funded.**

**This is not an exhaustive list of body contouring procedures, but includes the most common.**

**Liposuction** - also known as liposculpture or suction-assisted lipectomy is a treatment to remove body fat. It is carried out for aesthetic reasons on areas of the body where deposits of fat tend to collect, such as the buttocks, hips, thighs and abdomen. Other popular areas for liposuction are under the chin, neck, upper arms, breasts, knees, calves or ankles.

*Liposuction simply to correct the distribution of fat is not normally supported or funded by the CCG.*

**Brachioplasty / Upper Arm Lift** - Brachioplasty, commonly called an arm lift, is a surgical procedure to reshape and provide improved contour to the upper arms and connecting area of chest wall.

*This procedure is not normally supported or funded by the CCG.*

**Buttock Lift** - A buttock lift (also known as belt lipectomy) improves and/or removes excess, sagging buttock and thigh skin that has developed as a result of weight loss, aging and gravity, or genetics. By raising and tightening the skin over the buttocks, a buttock lift makes the buttocks appear less saggy, dimpled or wrinkled.

*This procedure is not normally supported or funded by the CCG.*

**Calf Implants** - Calf implants are made of solid silicone rubber and inserted into the tops of the calves to increase the size and shape of the lower leg. They are useful for giving the calf a larger, more defined look as well as correcting asymmetrical legs. It is also known as calf augmentation surgery.

*This procedure is not normally supported or funded by the CCG.*

**Neck Lift** - A neck lift is a form of cosmetic surgery which can reshape the skin around the neck and jaw, reducing the appearance of sagging and other visible signs of ageing.

*This procedure is not normally supported or funded by the CCG.*

**Thigh Lift** - A thigh lift is a surgical procedure to remove skin and fat from the thighs to tighten the skin and improve the contour of the legs. This procedure is not normally supported or funded by the CCG.

**Please see separate policies for Aesthetic and Abdominoplasty surgery.**

The CCG does not fund cosmetic procedures solely to improve appearance in the absence of disease, significant congenital deformity or significant functional impairment.

If a clinician wishes to refer the patient to secondary care then funding must be authorised by the CCG via the Individual Funding Request route.

Psychological distress alone will normally not be accepted as a reason to fund surgery. Related policies: Aesthetic; Abdominoplasty.