



Patient and Public Involvement Newsletter

September 2016
Issue 16



Swindon

Clinical Commissioning Group

Dr Peter Crouch



We are sad to announce that Dr Peter Crouch died on the 10 September 2016.

Peter was a key member of staff at Swindon CCG and an experienced GP, having worked in Swindon for over 25 years, and was the Managing Partner of one of the largest Swindon practices - Taw Hill Medical Practice. Peter was elected as Clinical Chair for the CCG in 2012 and combined general practice with chairing the NHS Swindon Clinical Commissioning Group. In addition to serving as Clinical Chair of the CCG, Peter was the Vice-Chair of the Swindon Health and Wellbeing Board and nationally he contributed to the work of the National Finance Allocation Steering and NHS Assembly Finance Working Groups.

Our condolences are with Peter's family, friends and colleagues at this sad time.

Community Services Transfer to GWH from 1 October 2016

Following the award of the Adult Community Healthcare Services Contract to Great Western Hospitals NHS Foundation Trust (GWH), Swindon Clinical Commissioning Group (CCG) have requested GWH to manage the adult community services earlier than the agreed formal contract start date of the 18 February 2017 in a caretaking role. This action is in response to SEQOL formally requesting to end their contract ahead of schedule, due to their challenging financial position and workforce challenges.

This will provide the opportunity to transfer the services prior to winter and embed staff into the new organisation to minimise any unnecessary impact of service delivery. The CCG have been working closely with SEQOL to support the implementation of a quality improvement programme of work. The need to maintain the momentum of the improvement programme will be vitally important, therefore the CCG strongly believes GWH will be able to provide stability for both patients and staff.

SEQOL staff have been committed to implementing the quality improvements and they are passionate about the care they deliver to the health community of Swindon.

For the CCG, Swindon Borough Council (SBC), GWH and SEQOL, the safe and seamless transfer of services is paramount.

The planned transfer date for services to GWH is 1 October 2016 and additional services currently provided by SEQOL will be transferring to SBC on the same day. Patients and service users can be reassured that the continuity of care will be maintained during this transition period.

B&NES, Swindon and Wiltshire Sustainability Transformation Plans

All health and social care organisations are working together across Bath and North East Somerset (B&NES), Swindon and Wiltshire on a five-year sustainability and transformation plan (STP) to improve our local population's health and wellbeing, to improve service quality and to deliver financial stability. We are developing a joint approach that will help deliver the aims of the Five Year Forward View and is in line with other important national guidance such as GP Forward View, Mental Health Taskforce Report and National Maternity Review.

Why do we need an STP?

There are growing pressures on the health and care system, nationally and locally. The proportion of older people is rising and there are more people living with complex conditions. This is contributing to an increased demand for services.

Overall across B&NES, Swindon and Wiltshire the standard of health and care services is very good compared to other areas in England.

But some challenges remain. Our hospital Accident & Emergency (A&E) departments are under pressure, in some areas patients are waiting too long for GP appointments and there are gaps in quality with some parts of our region benefitting from better health and care services than others. Additionally, there are increasing financial pressures. Across all our local health organisations there was a collective end of year deficit of £6million for 2015/16 and this will rise to £337million at the end of 2021 across our combined area if we do nothing.

So we are working on a collective plan to drive greater efficiency and improvements in quality across the health and care system. For services to be sustainable, we also need to get better at preventing disease, not just treating it, and encourage everyone to take responsibility to manage their own care.

Our STP partners

Our plan brings together our three hospitals (Royal United Hospital, Great Western Hospital and Salisbury Foundation Trust), the three Clinical Commissioning Groups (CCGs); B&NES, Swindon and Wiltshire Councils, South West Ambulance Service (SWASFT) and Avon and Wiltshire Mental Health Partnership Trust (AWP). The providers of our community services – Wiltshire Health and Care, SEQOL and Sirona as well as the West of England Academic Health and Science Network (WEAHSN) and the Wessex Local Medical Committee (representing GPs from across the BSW area) complete our organisational grouping.

Working together to transform services

The health and care needs of our local population across B&NES, Swindon and Wiltshire are diverse and we are developing a joint approach that takes this local variation into account. Our joint work will not replace individual organisational plans or our B&NES, Swindon and Wiltshire Health & Wellbeing Strategies. And it will not stop all the great work already going on locally to improve local services.

The emerging STP focuses on shared challenges and opportunities across the wider geographical footprint. This is 'place-based' planning that is not limited by organisational boundaries and covers CCGs, NHS providers, specialised services and primary care. It also includes better integration with local authorities including social care, prevention and self-care. Some of our partner organisations such as AWP, Sirona and SWASFT operate beyond our combined area and so will overlap with other STP footprints.

Our emerging priorities

Based on our knowledge of local need and challenges and in line with national guidance, we have developed three transformational work-streams. Each is led by a CCG Accountable Officer. These are:

- Preventative and proactive care
- Planned care
- Urgent and emergency care

Over the past four months, organisation and service leads have been meeting in work stream groups and together at a number of cross-organisational workshops to explore solutions to the common challenges across B&NES, Swindon and Wiltshire. They have also begun to identify opportunities for innovation that will benefit the local population, agree some collective health outcomes and explore the potential for a standard set of quality and performance measures across the footprint. There are five emerging priorities:

- To provide improved person-centred care by strengthening and integrating the specialist services that support primary care
- To shift the focus of care from treatment to prevention and proactive care
- To redefine the ways we work together as organisations to deliver improved individual/patient care
- To ensure we offer staff an attractive career and build a flexible, sustainable workforce
- To strengthen collaboration across organisations to directly benefit acute and urgent care services.

What next and how can I get involved?

Compared to other STP areas, we do not have an established relationship across all the health and care organisations with the B&NES, Swindon and Wiltshire footprint so we are at an early stage of STP development.

We shared our outline proposals for the next five years with NHS England in June and will submit more detailed plans at the end of October. This will enable us to qualify for additional funding through the Sustainability and Transformation Fund from 2017/18 onwards, to help deliver our plans.

Drawing on the experience and clinical expertise of our workforce and those that use health and care services, as well as their carers, will help us to redesign services and to develop new models of care that are sustainable.

Across our combined area, we already have a wealth of patient insight and useful information from recent consultation and engagement activity. However, the STP offers our stakeholders a new opportunity to inform our plans for local health and care services and we are committed to ensuring everyone's views are taken into consideration at all stages of the process. We are working closely with Healthwatch (the consumer champion in health and care) in B&NES, Swindon and Wiltshire to make sure the voice of local people is represented as our plans begin to take shape.

Updates on our STP will be shared at CCG board meetings, AGMs and Council meetings, please check individual organisation websites for details of these. A wider programme of public engagement will commence in the autumn and more information on this will be available here shortly. In the meantime, if you have any questions or feedback, please get in touch by email to ruh-tr.STP-BSW@nhs.net or contact your local Healthwatch office.

Steady Steps to Staying Active for Life

On **Wednesday 5 October 2016 between 10 am and 3 pm**, Swindon CCG, Swindon Borough Council and the Wiltshire and Dorset Fire and Rescue Service will be hosting a free information and taster activity event at the **Swindon Fire Station on Drove Road**.

This event will provide you with advice about staying active, ageing well and preventing falls. It will give you a chance to try indoor bowls, cycling, walking netball and much more and includes free refreshments.

Car parking is available at the Swindon Town Football Ground which is within easy access to the fire station.

Everyone is welcome, so come along and tell your friends and family.

Back Pain Myth Busters

This September the Chartered Society of Physiotherapy (CSP) is launching a new campaign to help address one of the most common reasons for seeing a GP – back pain.

Myth **Fact** **#1**

Moving will make my back pain worse

People fear twisting and bending but it's essential to keep moving. Gradually increase how much you are doing, and stay on the go.

See all the myths and facts at: www.csp.org.uk/mythbusters

Myth **Fact** **#2**

I should avoid exercise, especially weight training

Back pain shouldn't stop you enjoying exercise or regular activities. In fact, studies found that continuing with these can help you get better sooner - including using weights where appropriate.

See all the myths and facts at: www.csp.org.uk/mythbusters

Myth **Fact:** **#3**

A scan will show me exactly what is wrong

Sometimes it will, but most often it won't. Also, even people without back pain have changes in their spine so scans can cause fear that influences behaviour, making the problem worse.

See all the myths and facts at: www.csp.org.uk/mythbusters

Myth **Fact** **#4**

Pain equals damage

This was the established view but more recent research has changed our thinking. Modern physio takes a holistic approach that helps people understand why they are in pain.

See all the myths and facts at: www.csp.org.uk/mythbusters

Alive and Kicking Courses – September 2016



The new Alive n Kicking toddler (2-4 years), junior (5-11 years) and senior (11 years) programmes will be starting the week commencing 26 September 2016 and families are still being recruited.

If your family is interested in attending one of the programmes please contact Jon Dunn, the Healthy Weight Project Officer at Swindon Borough Council (tel. 01793 465412) to discuss how to enrol on to the programme.

Further details of the programme can be found on the Alive n Kicking [website](#).

Diabetes: Living With Living Well

The next Diabetes: Living With Living Well project for people diagnosed with diabetes runs on the following dates:

Daytime Project: Every Tuesday at 10am-11.30am at Pinetrees Community Centre. Starting **Tuesday 20 September – Tuesday 22 November 2016**

Evening Project: Every Thursday 7pm-8.30pm Central Community Centre. Starting **Thursday 22 September – Thursday 24 November 2016**

For further details and to book your place on the next 10-week project, please contact Matt Fruci on 07823 525376 or by email: MFruci@swindon.gov.uk

For your interest and information

Oxford Academic Health Science Network (OAHSN) Newsletter

The latest OAHSN newsletter can be viewed [here](#).

Healthwatch Swindon newsletter

The latest news and e-bulletins can be viewed [here](#).

Voluntary Action Swindon news

The latest news from VAS can be viewed [here](#).

NICE Public Involvement Programme (PIP)

Information on the PIP can be found [here](#).

Latest news from the CCG

Governing Body

The next meeting in public of the Governing Body will take place at the [CCG offices](#) on the **29 September 2016 at 9.30 am**. The papers will be available on our [website](#), one week before the meeting.

The Governing Body is held in public, although it is not a public meeting. If you would like to attend, please email communications@swindonccg.nhs.uk.

Talking Points

Talking Points is intended to give a summary of the key areas of discussion and decisions at the meeting of the Governing Body and the latest Talking Points are now available to view on the [CCG website](#). The minutes of the meeting will provide the official record of the meeting.

Patient and Public Involvement (PPI) Forum

Minutes from the PPI meetings can be viewed [here](#).

The next meeting of the PPI Forum is on **Thursday 29 September 2016 at 12.30 pm**

Please let us know if you would like to attend the meeting by contacting the Communications Team either by email or by telephone:-

E: communications@swindonccg.nhs.uk

T: 01793 683700

Joint Primary Care Committee

The NHS England and Swindon CCG Joint Primary Care Committee (JPCC) is a joint committee with the primary purpose of jointly commissioning primary medical services for practices who are members of NHS Swindon CCG.

The next meeting of the Joint Primary Care Committee is on **Wednesday 5 October 2016 at 10.30 am**.

Please let us know if you would like to attend the meeting by contacting the Communications Team either by email or by telephone:-

E: communications@swindonccg.nhs.uk

T: 01793 683700

Contact Details for the Communications and Engagement Team

Email: communications@swindonccg.nhs.uk

Telephone: 01793 683700