



Patient and Public Involvement Newsletter

January 2017
Issue 20

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NHS

Swindon

Clinical Commissioning Group

One You



Happy New Year! Have you made a New Year's Resolution to improve your health? If so, the [One You website](#) could help you. 'One You' aims to encourage adults to take control of their health to enjoy significant benefits now, and in later life.

Did you know ...

- around 40% of all deaths in England are related to behaviour
- the NHS spends more than £11bn a year on treating illnesses caused by the effects of diet, inactivity, smoking and drinking alcohol

Everyday habits and behaviours, such as eating too much unhealthy food, drinking more than is recommended, continuing to smoke and not being active enough, are responsible for around 40% of all deaths in England, and cost the NHS more than £11 billion a year.

Take the [One You Quiz](#) and see what changes could help you lead a better, healthier 2017.

Changes to IVF in Swindon and Shrivenham



The CCG is proposing changes to its current IVF policy and is keen to explain to the public why we are doing this. We are committed to seeking the views of local people, to understand any potential impact the proposed changes may have.

The engagement paper is available to download [here](#).

The change the CCG is proposing to the current IVF policy is in relation to the availability of fresh and frozen cycles:

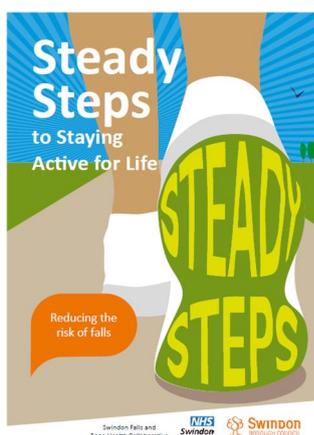
	2013 NICE guidance	Current Swindon CCG IVF Policy	Proposed Swindon CCG IVF Policy
Availability of fresh cycles and frozen cycles	Full fresh cycle and all subsequent frozen cycles	Three fresh cycles (and frozen cycles where available from the fresh cycle), maximum six embryo transfers	One fresh cycle with a maximum two frozen embryo transfers

To provide your views, please complete the online survey via <http://bit.ly/2jAEAIG>

Alternatively, email or hard-copy versions of the engagement document and survey can be obtained by contacting Swindon CCG: email communications@swindonccg.nhs.uk or phone 01793 683700.

The CCG will only be able to consider feedback received by 5pm on Friday 17 February 2017.

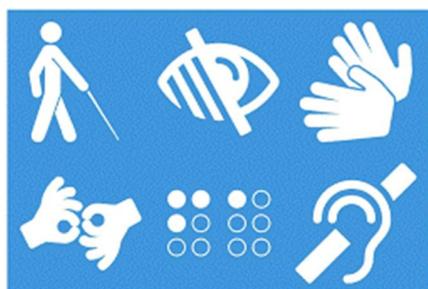
Steady Steps to staying active for life



The Steady Steps booklet is about giving people some hints and tips to keep active and healthy which will also reduce risks of falling. It is for everyone regardless of age and provides information as well as practical advice. Keeping safe, healthy and independent at home will help people enjoy life and make the most of it. There are general tips on physical and mental health and there is information on reducing the risk of falling and what to do if you fall.

You can download a copy of the booklet [here](#) or contact us for a hard copy. Communications@swindonccg.nhs.uk

Accessible Information Standard - Making health and social care information accessible



From 1 August 2016 onwards, all organisations that provide NHS care or adult social care are legally required to follow the Accessible Information Standard. The standard aims to make sure that people who have a disability, impairment or sensory loss are provided with information that they can easily read or understand and with support so they can communicate effectively with health and social care services. A review by NHS England to assess the impact of the standard and to ensure 'fit for purpose' is currently underway.

There is a [survey for patients, service users, carers and parents](#) which is also available as a [Word document](#), and in [audio](#), braille, [British Sign Language video](#), and [easy read](#) (and associated [diversity monitoring questions](#), also available in [easy read](#)). Please follow the links to access these.

Lay Advisor required for the Wiltshire Probation Service

The Wiltshire Probation Service are seeking a Lay Representative for their MAPPA Strategic Management Board.

Details of the post can be viewed on the attached document.



Public
appointments vacan

For an informal discussion please telephone Alison Minch on 07736617967 or contact by e-mail to alison.minch@probation.gsi.gov.uk

For your interest and information

Oxford Academic Health Science Network (OAHSN) Newsletter

The latest OAHSN newsletter can be viewed [here](#).

Healthwatch Swindon newsletter

The latest news and e-bulletins can be viewed [here](#).

Voluntary Action Swindon news

The latest news from VAS can be viewed [here](#).

NICE Public Involvement Programme (PIP)

Information on the PIP can be found [here](#).

The latest newsletter can be found [here](#).

Latest news from the CCG

Governing Body

The next meeting in public of the Governing Body will take place at the [CCG offices](#) on the **26 January 2016 at 9.30 am**. This is a full Governing Body meeting. The papers will be available on our [website](#), one week before the meeting.

The Governing Body is held in public, although it is not a public meeting. If you would like to attend, please email communications@swindonccg.nhs.uk.

Talking Points

Talking Points is intended to give a summary of the key areas of discussion and decisions at the meeting of the Governing Body and the latest Talking Points are now available to view on the [CCG website](#). The minutes of the meeting will provide the official record of the meeting.

Patient and Public Involvement (PPI) Forum

Minutes from the PPI meetings can be viewed [here](#).

The next meeting of the PPI Forum is on **Thursday 26 January 2016 at 12.30 pm**

Please let us know if you would like to attend the meeting by contacting the Communications Team either by email or by telephone:

E: communications@swindonccg.nhs.uk

T: 01793 683700

Contact Details for the Communications and Engagement Team

Email: communications@swindonccg.nhs.uk

Telephone: 01793 683700